



Tunaweza May 2016- With input from the Football, Health, Economic empowerment, Community Liaison Department and M&E Departments

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MTG Wins the Laureus Sport for Good Award

Moving the Goalposts won the Laureus Sports for Good Award for its work in using football to empower girls and young women to develop essential life skills in leadership and self-esteem to help them tackle gender disparities in the rural Kilifi and Kwale counties. The award was announced by athletics champion David Rudisha and handed over by Football legend Luis Figo in Berlin Germany. Speaking after receiving the prestigious Laureus Statuette, Rachel Muthoga, the MTG Executive Director reflected: ***"We use football as a tool to make leaders out of young girls and we believe that by giving them life skills and opportunities to practice leadership within the programme, they will become successful future leaders. Kenyans are fanatical about football and bringing girls into that platform of football and it also helps them to be seen in that positive light."*** Rachel travelled to Berlin with Mariam Samini, one of the outstanding MTG players who is currently studying at Waa Girls High School in Kwale County on football scholarship. Mariam was able to speak to the Laureus Academy members about her experience and the role football and MTG have played in her life. Mariam informed the Tunaweza newsletter team that she felt privileged to travel with the executive director to Berlin and receiving the award on behalf of MTG was the most special thing that has ever happened to her. "I was very privileged to travel with the executive director to Berlin to receive the Laureus Sport for Good Award. It was so amazing to talk to the members of the Laureus Academy about football and MTG. This is one of the greatest opportunities I have been given by MTG. I am proud to be part of MTG", said Mariam. The whole event was a great opportunity for sporting greats to learn about the work MTG does towards empowering girls and young women. The MTG team interacted with sports legends such as David Rudisha, Tegla Loroupe, Lewis Hamilton, Cafu, Luis Figo and Edwin Moses who were all happy to learn about the work going on in MTG.



St. John's Crowned Winners of Secondary School Tournament



The secondary school tournament is an annual event organized by Moving The Goalposts. The tournament gives the girls' football teams opportunity to participate in the football matches and peer led health education. Twenty seven teams from girls' Secondary Schools participated in this year's event that kicked off on March 13, 2016 with matches in Vitengeni, Kwale, Bahari, Kaloleni and Ganze. Teams from Waa Girls Secondary School, St. Johns Secondary School,, Kilifi Mixed Secondary School, Amason Kingi Secondary, Mayowe Secondary and Mnazi Mwenga Secondary school qualified for the finals that was played at Mackion Community Grounds in Kilifi. St. John's Secondary School were crowned the winners after beating Mnazi Mwenga Secondary with 8- 0 in

their first match and later scored 4 -0 against Mayowe secondary school before taking up Waa Girls Secondary to the final. Waa Girls Secondary School found their way to the finals with 3-1 win against Kilifi Mixed Secondary School. The final match between St. Johns and Waa Girls Secondary school proved to be tough with each team competing to emerge the winners. St. Johns Secondary School wanted to retain their title that they have had since 2013 while the team from Waa Girls Secondary school wanted to snatch the title from their opponents being the second time they are meeting at the finals. Elizabeth Katungwa from St. Johns scored two goals for her team and Amina Randu scored the third goal against their opponents. The match between St. Johns and Waa Girls ended 3 -0. The top scorers of the day were Winnie Achieng from St. Johns (4) and Mariam Samin (4) from Waa Girls Secondary School. All matches and peer education sessions were organized by MTG's young women; staff and volunteers.

MTG Recipient of 2016 Kilifi Gold Triathlon



Kilifi Gold Triathlon is organizing a one day event to support Moving The Goalposts to raise funds to add a mobile library. The library will be used during field visits to reach out to the girls and the community members in the most efficient way by creating a learning environment where they can access necessary information by providing relevant and accessible collection of resource materials. On Saturday 24th September, 2016. MTG will participate in Kilifi Gold Triathlon starting at 2:30pm at Mnarani Club with a 750m swim in Kilifi Creek, followed by a maximum 20km off road cycle through

Kilifi Plantations and a 5km run. There will also be a kids' mini Aquathlon, a swim and run around the beach area before the main triathlon. We would like to invite you to participate and raise funds to support Moving The Goalposts during the Kilifi Gold Triathlon. You can register by paying Kshs. 2,000/- for individuals competing the whole triathlon and Kshs. 3,000/- for teams of two or three people competing together. The Kilifi Gold Triathlon is an annual sprint triathlon that has been running since 2003 on the shore of the Indian Ocean in [Kilifi, Kenya](#). The purpose of the event is to bring competitors from far and wide together to raise money for a chosen local charity.

The International Day of Sport for Development and Peace



The celebration of the third International Day of Sport for Development and Peace was celebrated in Vitengeni, Bamba and Ganze Divisions. Moving the Goalposts used this forum to create awareness on Countering Violent Extremism to promote peaceful coexistence in the community. It was also a great opportunity for MTG teams from the three divisions to compete for the divisional championship that did not take place in the previous year due to heavy rains. Below are the winning teams for the championship.

DIVISION	OPEN AGE	UNDER 13	UNDER 10
Ganze	Petanguo Ladies - Petanguo	Ushindi - Petanguo	Petanguo FC
Vitengeni	Kampala - Bogamachuko	Junior Stars - Milore	Leopard - Bale
Bamba	Shining Star - Kalongoni	Manchester - Kalongoni	Manchester - Mwezamoyo

The Power of Sports

My name is Kasichana Mwalimu from Silala league field. I have been in MTG since 2009 and one of the trainers of trainees for coaches. Moving the Goalposts has built my confidence and enhanced my leadership skills. I always attend the monthly trainings and ensure that I share the same information with the field representatives during divisional capacity building meetings. I feel so happy when my fellow players understand the coaching sessions I always share with them. I feel very confident to assist the players in the league field and to help girls from our school when they face challenges. I am proud because I am among the leaders who mobilized girls to register for the MTG 2016 activities. I did a door to door mobilization in the neighborhood by talking to the parents and helping them understand the MTG programs. Most of the parents I talked to were impressed and gave their daughters opportunity to participate in the league activities. I am so impressed because our league field met the target for the required number of players for all the age categories. I want to be the best role model from our league field.

A Hopeful Leader



My name is Serah Mwikali from Mwangaza league field. I have been in MTG since 2013. I gained interest in football when I saw other MTG girls playing in our school. My father was not happy when I informed him that I wanted to register for MTG. He didn't want me to wear shorts. My mother convinced him and my younger sister and I joined MTG. Due to our dedication, we were both selected to be trained as first aiders. My parents were excited and encouraged us to continue participating in MTG activities. I did the first aid services in the community, school and in our league field. I continued playing and got inspired by the peer educators. I enjoyed the sessions and wished to become one of them. I was elected as a peer educator because my peers saw that I

have a passion for teaching my peers. They thought I was courageous. In 2014, I was promoted to a higher level and became a Trainer of Trainers (TOT) in peer education. The volunteer allowance that I got as a TOT helped me stay in school. Before I sat for my Kenya Certificate of Primary Education, I was nominated by Moving The Goalposts for the Women in the Red awards. I traveled to Nairobi for a two day training at Jacaranda hotel. I enjoyed learning with leaders from different regions. My class mates thought that I would underperform in school because I had participated in MTG activities. I proved them wrong when I passed my final examinations well. MTG assisted me to apply for the Safaricom Foundation scholarship in 2015. I was so happy when I got a scholarship and got admitted at the Thika Mpesa Academy in Kiambu for my secondary school education. Now my parents are very proud of me.

MTG IN PICTURES



MTG united players with boots donated by Simoun Youd from Skillz FC courtesy of Safaricom Next Generation and Terry O' Neilof MPD academies. MTG girls can now play football in full gear



Oscar Mwatsuma, Higgins Mbega, Philip Majimbo, Mitchell Adhiambo, Duncan Mwatsuma and Kelvin Kalama winners of the drawing and essay writing competitions organized at MTG resource center.



Parents from Bahari division with MTG staff – Fathime Tibu during a discussion about parental responsibilities during Mother's day celebrations held in MTG office in Kilifi.



Esse Mbeyu Akida from MTG; one of the best players for the Harambee Starlets team that qualified for the Women African Cup of Nations.



Rachel Muthoga, the Executive Director paid a courtesy call visit to the Mombasa Governor- His Excellency Hon. Ali Hassan Joho to talk about MTG program.



MTG Executive Director, Rachel Muthoga with Daniel Ndambuki a.k.a Churchill during the Churchill Show. Rachel talked about MTG and the Laureus Sport for Good award.