# TUNAWEZA

## Newsletter

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For MTG Fields



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#### **Editorial Note**

#### Dear Reader,

Welcome to the May edition of the Tunaweza newsletter, a monthly publication that highlights major achievements and inspirational stories of our work in empowering girls and young women through football in Coastal Kenya. In this edition, you are going to read interesting stories about the winners of MTG Secondary School tournament in Kilifi and Kwale Counties, celebration of International Day of Sports for Development and Peace, MTG's April Residential campand a poem written by one of the MTG girls from Mirihini League Field.

Girls and young women from MTG league fields are encouraged to write their stories to be featured in Tunaweza Newsletter. You can submit your story or poem to your field leader, divisional assistant or any other MTG staff to reach the editorial desk for publishing.

No portion of this newsletter may be produced or distributed via electronic or hard copy without the consent of Moving The Goalposts.

If you find any information contained in this newsletter to be factually incorrect, please contact the editorial team using the following address:

Info@mtgk.org or call 0722 823834

Editorial Team

Janet Motah

Dorcas Amakobe

## **Moving The Goalposts' Secondary School Tournament**

Secondary School tournament is an annual event organized by Moving The Goalposts (MTG) to bring together girls' football teams from secondary schools within Kilifi and Kwale counties. Thirty six schools participated in this year's tournament with over 825 girls receiving reproductive health and rights information through peer education sessions including HIV Testing and counselling services. All the leadership roles during the MTG Secondary School tournament were performed by girls and young women.

#### Kilifi County



St. Johns Girls Secondary school were crowned the winners of the 17th edition of the annual MTG Secondary School tournament for Kilifi County. The event was held at MTG grounds in Kilifi with six teams qualifying for the semifinals; Bale secondary from Bamba Sub- County, Paul Harris from Kilifi South Sub-County, Kilifi Mixed- Kilifi North Sub-County, Mwijo Secondary and St. John's Girls from Kaloleni Sub-County.

St. Johns Girls High School from Kaloleni scored (1-0) against Mwijo Secondary School both from Kaloleni Sub County. Mwijo qualified top in the Sub county pool with more goals than St. Johns after they drew 1-1.St. Johns were able to carry the day after they drew against Bale Secondary from Ganze Sub county 0-0 and scored 2 goals against Paul Harris from Kilifi South Sub county during the semi-finals.

#### **Kwale County**



This year, Moving The Goalposts started implementing independent programs in Kwale County. One of the first projects of the year was the trainers of trainees (T.O.T) and capacity building meetings that were held at Mwangaza Primary School. This was followed by the first ever Kwale County Secondary School tournament where three schools participated namely: Waa Girls' Secondary School, Kwale Girls High School and Tsimba Secondary school. Kwale Girls secondary school emerged the winners during the finals held at Kwale Boys High School. They played their first match against Tsimba girls and scored 17-0. Their second match was against Waa girls where they won 1-0 and crown the champions in Kwale County.

We would like you to encourage your secondary school teachers to register as a football team for next year's tournament. This will give you opportunity to not only play football but also have access to reproductive health and rights information through peer education sessions organized by MTG.

## Moving The Goalposts Marks the International Day of Sports for Development and Peace





"Sport has the power to change the world. It has the power to unite people in a way that little else does. Sport can awaken hope where there was previously only despair," said the president of South Africa; The late Nelson Mandela.

Around the world, sports play a major role in enhancing development and promoting peace as more people recognize its potential. In coastal region football plays a role in bringing individuals and communities together to highlight what people have in common, teaches discipline, leadership, tolerance, cooperation and confidence especially among girls and young women.

Moving the Goalposts marked the fourth International Day of Sports for Development and Peace; an

event celebrated annually by sports for development organizations and other key stakeholders worldwide. The event took place in both Kilifi and Kwale counties held at Mnarani Community Grounds and Vuga community field respectively.

During the day, local leaders, community members and MTG girls had processionswith songs and posters aimed at enhancing peaceful coexistence. Thereafter, there were sessions on football drills in Mnarani and football three matches among the invited teams in Kwale. This was basically to promote fair play and give room for dialogues as a way of promoting peace. The joy and fun could be felt among the players as they actively participated in all the activities they were engaged in during the day. They had an opportunity to discuss some of the issues that hinder peaceful coexistence in our country and how they could be prevented especially now that we are heading towards electioneering period. The day ended well with majority of people pledging to promote peace, love and unity for a more developed country among them being the OCS, administration policemen and residents of Mnarani who took part in the white card campaign to support global goal 16: Peace and Justice

#### Tujiunge na MTG, Tulete Mabadiliko by Mapenzi Francis

The poem below (Tujiunge na MTG) was written by Mapenzi Francis Mwakubo from Mirihini League Field in Bamba Division. It was recited during Women's day celebration held at Mnarani in Kilifi to encourage girls to continue participating in MTG league activities to get empowered for social change.

Yamepita ya zamani, dunia imebadilika Ondoka twende uwanjani, ukapate elimu ya marika Msibaki majumbani, mwisho mtahangaika Kina dada tuwe jasiri, tulete mabadiliko

Tuanzie kina dada, tulisha sahaulika Tujiondoe gizani,maisha yamebadilika Tujiunge na MTG,tuwe viongozi bora Kina dada tuwe jasiri, tulete mabadiliko

Sikubali asilani, kuacha shule kuolewa Au kuenda baani, kunywa pombe na vibaka Ukimwi upo jiani, ukicheza takushika Kina dada tuwe jasiri, tulete mabadiliko

### The MTG's Residential Camp at a Glance

This year's residential camp trainings were held separately in Kilifi and Kwale counties. The trainings in Kilifi was carried out at Sokoke Secondary School while the trainings in Kwale was at Waa Boys Secondary school. MTG girls got opportunity to be trained on different leadership roles such as referees, coaches, first aid providers, peer educators, safe guarders, field leaders and savings officials. Apartfrom the leadership roles, the residential camp also brought together the newly selected MTG United teams from all the divisions for their football practices. It also gave girls and community members at Sokoke opportunity to access Voluntary Counseling and Testing (VCT) services offered by MTG through the Tackle Africa project.

The camp participants at Sokoke Secondary school were privileged to host a motivational speaker, who was none other than one of the MTG board members; Mwanase Ahmed who previously worked as a sports and swimming coach at Kivukoni International School and has founded a fitness and leisure club which she currently manages called The Creek Club at Kivukoni. Another part time profession of hers is fire and LED hula hoop performances which is also known as dancing at a multitude of events alongside musicians. During the motivational talk, Mwanase explained to girls

how she has effectively used her talent to earn a living. She also encouraged them to be proud of themselves, use their talents like playing football, singing among others talents to generate income and to never get discouraged regardless of where they come from. The pictorials below show some of the activities that took place during the residential camp in Kilifi and Kwale Counties.



First Aid Providers undergoing a practical session on how to use stretcher in case of any injury



Referees from Kilifi in a group photo after a practical session



Kwale Savings Group members learning a skill on how to sew mats



Football practice for MTG United team during residential camp in Kwale County

